



## THE 70<sup>th</sup> ANNIVERSARY OF THE INTERNATIONAL NATURIST FEDERATION

The INF-FNI looks forward to welcoming you to a celebration of its 70<sup>th</sup> anniversary at the place of its foundation, the Centre Hélios Marin (CHM) Montalivet.

**Places are booked for those having registered with the INF-FNI and having reserved their accommodation at the CHM Montalivet. Because we need to know how many to cater for, only registered participants will be admitted.**

### Wristbands

You will be issued with a wristband which you must wear to identify yourself in order to participate in events on the programme, notably the welcome drinks and the gala dinner.

### Naturist Charter

Please be aware of the Naturist Charter of the CHM Montalivet, according to which nudity is encouraged and expected everywhere in the resort, weather permitting, including the shops, bars and restaurants. Nudity is compulsory on the beach and at the swimming pools.

### Photography

There will be a clearly-identified official photographer at the event. Nobody else is authorised to take photographs.

**If you do not wish to be included in any official photographs you must wear a red “No Photo” wristband throughout the event.** Those not wearing a red wristband are assumed to consent to be in the official photographs. By registering, you indicate your agreement to this policy.

The red wristbands will be distributed to those requiring them at registration on September 7th and we ask that they be returned to us at the end of the weekend.

The official photos will be made available to the federations and may appear in their publications, and may also be used by the INF-FNI on the website or in publications such as *Focus*.

### How to get to CHM Montalivet

Please see the end of this document.

## Thursday 7<sup>th</sup> September

All day	Reception (1)	Arrival of guests
16:00-17:30		Registration of guests; issue of wristbands etc. Wearing the additional red wristband indicates a non-consent for photography
18:00	La Cave des deux Châteaux - Centre Commerciale (P) <i>In the case of rain, this event will be moved to l'Hexagone (14)</i>	Welcome drinks and snacks, featuring local wine, cheese and charcuterie <u><i>You must wear your INF wristband to be admitted.</i></u>
19:30		Free to take dinner at your own expense

## Friday 8<sup>th</sup> September

09:30-12:00	Hexagone (14)	Workshops: Reforming the INF-FNI  1. Statutes and Rules 2. Membership and Money  <i>Presentations by the working groups considering these two issues and an opportunity to comment and ask questions. Interpretation into and from English, French and German will be available via the Zoom smartphone app. Please make sure you have downloaded the app before you arrive. Please also bring earphones that you can use with your phone.</i> <a href="#">Apple/App Store</a>  <a href="#">Android/Google Play</a>
12:00-14:30		Free to take lunch at your own expense
14:30-15:30	Espace rencontre Albert and Christiane Lecocq (39)	Guided visit to the mini-museum commemorating the founders of CHM Montalivet and pioneers of modern Naturism  <i>Please register for this event as the chalet is small. The event is repeated on Saturday</i>
16:00-18:00	Chalet des clubs naturistes (44)	Demonstration by the local naturist association, the Club du Soleil Bordeaux Côte d'Argent, of the activities it offers during the naturist season
Early evening		Free to take dinner at your own expense

21:00	Hexagone (14)	Film: <i>Vivre Nu</i> (Live Naked). In French, with English subtitles.
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### Saturday 9<sup>th</sup> September

09:30-12:00	Hexagone (14)	<p>Workshops</p> <ol style="list-style-type: none"> <li>1. The History of Naturism – Bruno Saurez <i>A presentation and an opportunity to ask questions</i></li> <li>2. Starting out in Naturism <i>An interactive session during which speakers will talk about some of the challenges they faced when first starting out. An opportunity to contribute and ask questions.</i></li> </ol> <p><i>Interpretation among English, French and German will be available via the Zoom smartphone app. Please make sure you have downloaded the app before you arrive. Please also bring earphones that you can use with your phone.</i></p> <p><a href="#">Apple/App Store</a></p> <p><a href="#">Android/Google Play</a></p>
12:00-14:00		Free to take lunch at your own expense
14:00-15:00	Espace rencontre Albert and Christiane Lecocq (39)	<p>Guided visit to the mini-museum commemorating the founders of CHM Montalivet and pioneers of modern Naturism</p> <p><i>Please register for this event as the chalet is small. This is a repeat of Friday's event.</i></p>
15:30-17:30	Espace tir à l'arc (30)	Join in the fun of archery with experts from the local association
18:00	INF-FNI monument (Close to 35)	<p>Unveiling of new plaque to mark the 70<sup>th</sup> anniversary by the co-presidents and the director of the CHM</p> <p>Naked commemorative group photo for those who wish to participate – please wear your INF wristband</p>
18:30	Bistrot Gourmand (M)	<p>Drinks followed by Gala Dinner</p> <p><i>The INF-FNI invites all guests registered for the 70th anniversary celebration. <u>You must wear your INF wristband to be admitted.</u></i></p>
21:00 (approx)	Bistrot Gourmand (M)	Dance mix by DJs Laurent and Edwin

### Sunday 10<sup>th</sup> September

10:00	Montalivet	<p>Escorted visit to the Montalivet market (outside of the resort) for local produce tasting. Those wishing to taste local oysters must book and pay in advance (price €11 for 12 Médoc oysters). <i>Note that it is a 30-minute walk. You must be dressed for this excursion.</i></p>
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12:30		Farewell to the guests and we wish you a safe journey!
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## HOW TO GET TO CHM MONTALIVET

### By car

Instructions as to how to reach CHM Montalivet by car are on the [resort's website](#).

### By air

There is a good, regular [shuttle bus](#) from Bordeaux airport to Gare St Jean, Bordeaux, which takes 30 minutes. The tram has recently been extended to the airport but you need to change lines at Porte de Bourgogne to reach the station or to reach Esplanade de Quinconces (see below). The airport shuttle bus is good and is recommended. Then follow the advice below.

Alternatively, you could rent a car for the weekend and perhaps share a lift with others coming from your federation. If you are in a position to do so, we would recommend this option.

### By public transport from Bordeaux

There are two options. The train to from Bordeaux Gare St Jean to Lesparre takes 1 hour 15 minutes (ticket one-way €15.10). However, trains are not frequent and at certain times of day there is a 3-hour gap, so anyone travelling this way will need to pay close attention to the [train timetable](#).

Alternatively, take tram line C to Esplanade des Quinconces and from there take bus 703 to Gare de Lesparre. Buses are more frequent than trains (consult the [timetable](#)) and the journey time is 2 hours. Note that there is a less frequent service on Sundays.

From Lesparre, bus 712 takes half an hour to reach CHM Montalivet (the stop is helpfully called Centre Helio-Marin) and stops immediately outside. But these buses are not frequent, and guests should consult the online [bus timetable](#). There may be a wait at the station. A one-way ticket is €2.30.

### Return journey

For the return, there are very limited services on bus 712 and if you are meeting a train or bus in the middle of the day you may need to take a taxi. A taxi from the CHM to Lesparre will cost in the region of €45. "Taxi du Médoc" +33 (0)5 56 41 74 46 has been found to be reliable. Again, close attention should be paid to the timetable, given the 3-hour gap between services at some times of the day and the more limited service on Sundays. Please note that if you find the entry to Lesparre Station closed, you can reach the platform through the gate on your left, where you will find machines to purchase your tickets.